

State of The Art Training Limited

Units 8 & 9, Northern Galleries, Fort Fareham Business Park, Newgate Lane, Fareham, Hampshire PO14 1AH

www.sota-training.com Tel: 0333 222 4055 Fax: 0333 222 4053 enquiries@sota-training.com

## Courses Selection Page 1 of 2

Confined Space Entry, Low and Medium Risk	QCF/RQF* Qualification	Days	Cost	✓ Date
<b>Confined Space Entry (Low &amp; Medium Risk)</b> SOTA Digital Certification & Photo Site Card (15 minute Emergency Escape Sets)	-	1	£130.00 + VAT	<input type="checkbox"/> Date: .....
<b>Confined Space Entry (Low &amp; Medium Risk) &amp; Top Person Course</b> SOTA Digital Certification & Photo Site Card (15 minute Emergency Escape Sets)	-	1	£150.00 + VAT	<input type="checkbox"/> Date: .....
<b>Award in Working in Confined Spaces Low + Medium Risk &amp; Top Person</b> TQUK Certification & SOTA Photo Site Card (15 minute Emergency Escape Sets) TQUK (Water) MEDIUM RISK TQUK (Construction) MEDIUM RISK	Level 2	1	£170.00 + VAT	W <input type="checkbox"/> Date: ..... C <input type="checkbox"/> Date: .....
<b>City &amp; Guilds Working in Medium Risk Confined Spaces (Entrant + Top Man)</b> City & Guilds Certification & SOTA Photo Site Card (This course includes the use of 15 minute Emergency Escape Sets) City & Guilds 6150-02 (Water) MEDIUM RISK City & Guilds 6150-52 (Construction) MEDIUM RISK	Level 2	2	£349.00 + VAT	W <input type="checkbox"/> Date: ..... C <input type="checkbox"/> Date: .....

Confined Space High Risk Entry and Emergency Rescue (minimum of Two Delegates)	QCF/RQF* Qualification	Days	Cost	✓ Date
<b>Self-Contained Breathing Apparatus</b> SOTA Digital Certification (This does not qualify you to enter a confined space)	-	1	£150.00 + VAT	<input type="checkbox"/> Date: .....
<b>TQUK Working in Confined Spaces - High Risk</b> TQUK Certification & SOTA Photo Site Card TQUK (Water) HIGH RISK TQUK (Construction) HIGH RISK	Level 2	3	£549.00 + VAT	W <input type="checkbox"/> Date: ..... C <input type="checkbox"/> Date: .....
<b>TQUK Working in Confined Spaces - High Risk &amp; TQUK Emergency Rescue and Recovery of Casualties from Confined Spaces</b> TQUK Certification & SOTA Photo Site Card (You must already have an in date Emergency First Aid at Work certificate)	Level 2 Level 3	4	£750.00 + VAT	Date: .....
<b>TQUK Working in Confined Spaces - High Risk &amp; TQUK Emergency Rescue and Recovery of Casualties from Confined Spaces &amp; TQUK Emergency First Aid at Work</b> TQUK Certification & SOTA Photo Site Card	Level 2 Level 3 Level 2	5	£900.00 + VAT	Date: .....
<b>City &amp; Guilds Working in High Risk Confined Space Course</b> City & Guilds Certification & SOTA Photo Site Card City & Guilds 6150-03 (Water) HIGH RISK City & Guilds 6150-53 (Construction) HIGH RISK	Level 2	3	£580.00 + VAT	W <input type="checkbox"/> Date: ..... C <input type="checkbox"/> Date: .....
<b>City &amp; Guilds Working in High Risk Confined Space Course (WATER or CONSTRUCTION) &amp; City &amp; Guilds Emergency Rescue and Recovery of Casualties from Confined Spaces (WATER)</b> City & Guilds Certification & SOTA Photo Site Card (You must already have an in date Emergency First Aid at Work certificate)	Level 2 Level 3	4	£800.00 + VAT	W <input type="checkbox"/> Date: ..... C <input type="checkbox"/> Date: .....
<b>City &amp; Guilds Working in High Risk Confined Space Course (WATER or CONSTRUCTION) &amp; City &amp; Guilds Emergency Rescue and Recovery of Casualties from Confined Spaces (WATER) &amp; TQUK Emergency First Aid at Work</b> City & Guilds + TQUK Certification & SOTA Photo Site Card	Level 2 Level 3 Level 2	5	£950.00 + VAT	W <input type="checkbox"/> Date: ..... C <input type="checkbox"/> Date: .....
<b>Bespoke Confined Space Rescue Team Training</b> For Groups. Refresher training also available	-	-	POA	Contact us with your requirements to arrange

Confined Space Manager / Supervisor with Confined Space Entry (Low & Medium Risk)	QCF/RQF* Qualification	Days	Cost	✓ Date
<b>Confined Space Manager / Supervisor &amp; Low/Medium Risk Entry Course</b> SOTA Digital Certification & SOTA Photo Site Card (Includes writing of Risk Assessments, Permits to Work and CS Safe Systems of Work)	-	3	£650.00 + VAT	<input type="checkbox"/> Date: .....



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## Courses Selection Page 2 of 2

Face Fit Testing <b>Legal Requirement for RPE with tight-fitting facepieces</b>	QCF/RQF* Qualification	Days	Cost	✓ Date
<b>Face Fit Testing Trainer</b> SOTA Digital Certification For those who will be carrying out qualitative face fitting testing in house	-	1	£200.00 + VAT	Date: .....
<b>Individual Qualitative RPE Face Fit Testing Appointment</b> SOTA Digital Certification For anyone who wears respiratory protective equipment (RPE)	N/A	1 hr	£35.00 + VAT	Please call for appointment
Working at Height	QCF/RQF* Qualification	Days	Cost	✓ Date
<b>Working at Height</b> SOTA Digital Certification & SOTA Photo Site Card (minimum of <b>Two</b> Delegates)	-	1	£130.00 + VAT	Date: .....
Risk Assessment Courses	QCF/RQF* Qualification	Days	Cost	✓ Date
<b>Award in Risk Assessment</b> TQUK Certification (minimum of <b>Two</b> Delegates)	<b>Level 3</b>	1	£180.00 + VAT	Date: .....
First Aid Courses	QCF/RQF* Qualification	Days	Cost	✓ Date
<b>Award in Emergency First Aid at Work (with CPR/AED)</b> TQUK Certification & Card (minimum of <b>two</b> Delegates)	<b>Level 3</b>	1	£70.00 + VAT	Date: .....
<b>Award in First Aid at Work</b> TQUK Certification & Card (minimum of <b>three</b> Delegates)	<b>Level 3</b>	3	£150.00 + VAT	Date: .....
Manual Handling Course	QCF/RQF* Qualification	Days	Cost	✓ Date
<b>Award in Safe Moving and Handling</b> TQUK Certification (minimum of <b>Two</b> Delegates)	<b>Level 2</b>	1	£80.00 + VAT	Date: .....
Contractors on Deployed Operations (CONDO)	RQF* Qualification	Days	Cost	✓ Date
<b>Award in Requirements for Contractors on Deployed Operations</b> TQUK Certification & SOTA Photo Site Card (minimum of <b>Two</b> Delegates)	<b>Level 3</b>	3	£750.00 + VAT	Date: .....

QCF/RQF\* - Qualifications and Credit Framework / Regulated Qualifications Framework.

*State of The Art Training Ltd and agents reserve the right to alter details without prior notification.*





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## Contact Information for Course Booking

### Employer/Self-employed details

Please complete page 1 and or page 2 identifying course selection, page 3 with company or self-employed booking contact details and page 4 for each delegate attending.

Either scan and email to [enquiries@sota-training.com](mailto:enquiries@sota-training.com) or facsimile to 0333 222 4053. Alternatively, post to address as detailed above. All course joining information is detailed on page 5.

Employer contact name:..... Job Title: .....

Company Name:.....

Contact Address:.....

.....

..... Post Code: .....

Contact numbers (Work):..... (Mobile):.....

Email:..... Web Site: .....

Accounts department email address if different from above: .....

Business trading services (e.g. Civil Engineering):.....

### Data Protection Policy and Trading Terms & Conditions:

For current Data Protection & Privacy Policy and Trading Terms & Conditions please visit: [www.sota-training.com](http://www.sota-training.com)

I wish to pay by: Cheque  ('State of The Art Training Ltd') Debit/Credit Card  BACS

Purchase Order Number (if required):.....

Signature:..... Date:.....

By signing this document you hereby agree to State of The Art Training Ltd's current:

- Data Protection & Privacy Policy [www.sota-training.com/pdfs/sota-gdpr-1.pdf](http://www.sota-training.com/pdfs/sota-gdpr-1.pdf)
- Terms & Conditions that form the basis of this contract [www.sota-training.com/pdfs/sota-terms-conditions-1.pdf](http://www.sota-training.com/pdfs/sota-terms-conditions-1.pdf)

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## Medical Fitness Statement - Acceptance for Training

**Employer to complete and sign (one copy per delegate)**

Delegate full name: ..... Date of birth: .....

Job title: ..... Gender: .....

Employer name or location: .....

Employer address: .....

Post Code: .....

Is the delegate registered disabled? Yes  No  Are any special requirements needed? .....

If "Yes", please advise: .....

Is English the delegate's first language? Yes  No

If "No", please confirm the delegate will be able to complete a written examination in English: Yes

Training venue: ..... Date of course: .....

Employers are required by legislation to deem each worker suitable for the task employed, taking into account the guidelines for suitability for working the task for which they are employed. To attend the listed courses below, delegates need to be free from injury and illness, and able to:

**CONFINED SPACE ENTRY / RESCUE COURSE:** The delegate will be expected to descend/ascend and traverse a designated confined space within a training simulator, wearing an approved safety harness and breathing apparatus with face mask/hood and PPE. The delegate will be expected to crawl through a series of tunnels under various simulated emergency conditions that include; noise, limited light, and variable safe atmospheric conditions. **High Risk** course delegates **must** be clean shaven.

**Self-Contained Breathing Apparatus (SCBA) COURSE (for High Risk Confined Space Courses):** The delegate will be expected to wear, carry, use and breathe using designated SCBA within a training simulator, wearing an approved breathing apparatus with face mask and PPE. The delegate will be expected to use SCBA under various simulated emergency conditions that include; noise, limited light, and variable safe atmospheric conditions.

**WORKING AT HEIGHT COURSE:** The delegate will be expected to ascend/descend and traverse a designated Working at Height Tower/Scaffolding and ladders. Wearing an approved safety harness and fall arrest/restraint lanyard with PPE.

**FIRST AID COURSE:** The delegate will be expected to administer First Aid to Casualties in various positions (standing, bending and kneeling) and under various simulated emergency conditions that include noise and simulated blood.

**MOVING AND HANDLING COURSE:** The delegate will be expected to position themselves in various positions (standing, bending and kneeling) and under various simulated conditions.

**INDIVIDUAL RPE FACE FIT Test Appointment ONLY:** All delegates **MUST** be clean shaven, (exceptions on religious grounds apply, goatees are acceptable). All delegates **MUST** bring the mask/s that they currently use. If a delegate does not have a mask with them they will be turned away and WILL NOT be tested. All delegates **MUST NOT** eat, drink or smoke for **AT LEAST 15 MINUTES BEFORE** the test takes place.

**Employer to complete / Self Employed delegate to self-certificate**

By signing this document, the employer (or self-employed delegate) is confirming that the delegate is able and fit to complete the selected course(s).

Name: ..... Date: .....

Role/position: ..... Signature: .....





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## Joining Information

**Course Venue:** Unit 9, Brian Clough Business Centre, 200-220 Cotton Lane, Derby DE24 8GJ

On entering the main gate turn immediately left and go almost all the way to the end and park in a non-allocated bay. Unit 9 is on your right hand side as you approach.

**Timings:** Delegates are to sign in at Unit 9, Brian Clough Business Centre, **strictly** by 0800hrs on 1st day of the course or as otherwise previously agreed.

**TQUK and City & Guilds Qualifications:** For all TQUK and City & Guilds qualifications, delegates **MUST** bring photographic identification when attending the course.

**Dress code** for Confined Space, Working at Height, Moving & Handling: Please bring your own PPE personal protective equipment / clothing; hard hat, coverall and protective footwear, gloves, protective eye wear and knee pads.

**Face Fit Test Appointment ONLY:** The following conditions **MUST** be adhered to before a face fit test can take place: ALL delegates **MUST** be clean shaven (exceptions on religious grounds apply, goatees are acceptable). ALL delegates **MUST** bring the mask/s that they currently use. If a delegate does not have a mask with them they will be turned away and **WILL NOT** be tested. ALL delegates **MUST NOT** eat, drink or smoke for **AT LEAST 15 MINUTES BEFORE** the test takes place



**Stationery:** Please bring note pads, pencils/pens. Delegates should be prepared to make their own notes during the course.

**Refreshments:** Tea, coffee and chilled water are provided. A supermarket and fast food outlets are within walking distance of the training centre.

**Certification:** Please note that all SOTA certification will be issued to the company or person booking the course, digitally by email, in addition to any relevant site cards being issued.

